# **Resiliency & other myths:** Keeping it real in 2020

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I'm a lawyer, a librarian, a mom, and much more and I'm here because I love to give presentations



### Myth /miTH/

*noun* noun: **myth**; plural noun: **myths** 

1. a traditional story, especially one concerning the early history of a people or explaining some natural or social phenomenon, and typically involving supernatural beings or events.

2. a widely held but false belief or idea.

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#### Resilience /rəˈzilyəns/

noun

1. the capacity to recover quickly from difficulties; toughness.

2. the ability of a substance or object to spring back into shape; elasticity.

#### **Other myths**

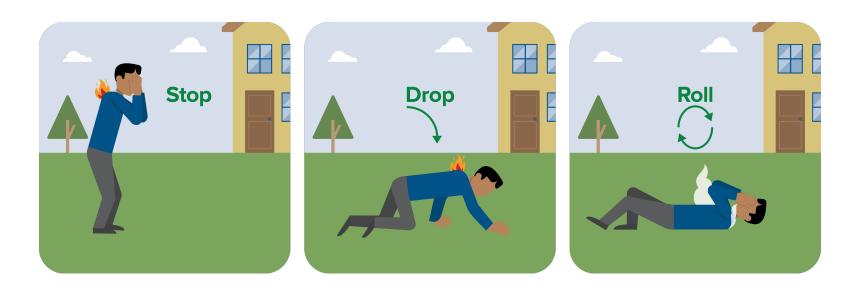


#### **Truth time**



# Inspiration

Saturday morning cartoons. Yes, really.





# Application

Let's see if this really works.

#### **Scenarios**

- Leading a team in a pandemic wait, what?
- Working inclusivity into our culture
- We're out of money. Yes, again.
- It's raining inside too?

#### **Scenarios**

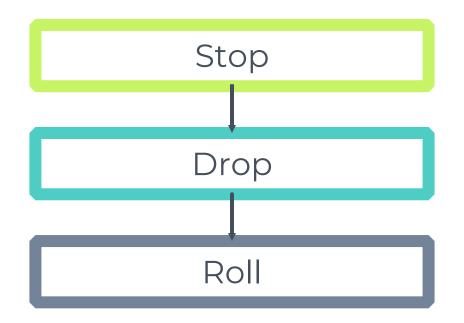
- I'm not worthy.
- Surprise? You're filling in for...
- We're out of money? Again?
- I. Cannot. Adult. Anymore.



## Summary

You got this!

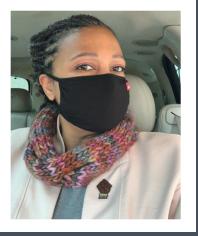
#### Remember



# Thanks

# Questions? Comments?

# Cover your face!



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